



## Club Contact details:

### Postal Address:

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Tel: 0115 9118183

### Website:

[www.nottinghamclarion.co.uk](http://www.nottinghamclarion.co.uk)

### Email:

[secretary@nottinghamclarion.co.uk](mailto:secretary@nottinghamclarion.co.uk)

## Regular Club events:

### Club rides:

#### Saturday:

Meet at the Lime Kiln in Colston Bassett at 10am, meeting from 9.45. Have a look at the forum to see who is riding.

#### Sunday:

Irregular rides from the Lime Kiln. Meeting at 10am, check the forum first!

#### Wednesday:

Summer (April to September) Junior Go Ride sessions. Meeting at the National Water sports centre at Holme Pierrepont, Lady Bay, Nottingham. Meet at **6.30pm** at the clubroom



Weekly club training sessions starts at 7pm. Meeting at the new clubroom, National Water sports centre at Holme Pierrepont, Lady Bay, Nottingham.

Social Meeting 8.30 at the new clubroom, / bar National Water sports centre at Holme Pierrepont, Lady Bay, Nottingham.

**Committee and Club Nights** to be announced at new Clubroom or Lime Kiln

## Club News

Welcome to the March edition of the Nottingham Clarion newsletter. As always the newsletter needs your news and input so please send your contributions for the next one!

## Clubmark Presentation



British Cycling are to present the club with its Clubmark Award on Wednesday 23rd March at Holme Pierrepont, Nottingham. A conference room is arranged from 6.30pm (actual presentation to the Club will be sometime between 7 and 7.30pm), there will be a buffet and soft drinks available and Wattbikes will be set up in the Studio for anyone wanting a go! The event will be receiving publicity via the British Cycling website so we would like to see as many members down there as possible and all family, friends and anyone interested in the club are very welcome to come along too.

## NEW Clubroom!

A new chapter for the Club begins as we now will have a weekly clubnight at Holme Pierrepont every Wednesday onwards from March 30th from 6.30pm to 8.30pm in a studio room. Format for the night is loosely Go-Ride from 6.30pm to 8.00pm, weekly training ride as usual from 7pm and social meeting in the bar from 8.00pm although it is up to you! We have access to the Wattbikes and we are also planning some Girls only training session in the Summer. If the weather is poor you now have the option to bring along your turbo / rollers instead and do some indoor training.

The Presentation evening on March 23rd will also give you an opportunity to have a look around the clubroom and other facilities we have access to at Holme Pierrepont. The awarding of Clubmark made it relatively simple for Holme Pierrepont / Rushcliffe BC to allow us to become the 'resident' club there

We expect that this will benefit the Club greatly with weekly use of a room for meetings and indoor training sessions, a notice board in the main corridor, showers, use of adjoining kitchen, and the bar and restaurant.

Above all this is a chance for the entire Club to have a regular social meeting venue so even if you don't fancy a ride, you can meet up with your fellow Club members of all ages. We also plan to hold workshops and demonstrations which could range from coaching sessions to anything biking related. We will be producing a programme of events in the near future. If there is anything you would like to have a workshop on let us know!

Through our new relationship with Holme Pierrepont we hope to explore further developments for the Club, watch this space for any future news.

This is a big step forward for the Club so lets all make the most of it, see you there!

## Contact Details:

### Club Secretary:

Paul Harwood 0115  
9118183

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### Racing Secretary

Phil Hurst

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### Website:

Andy Woolf

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### General enquiries:

[enquiries@nottinghamclarion.co.uk](mailto:enquiries@nottinghamclarion.co.uk)

### Club Membership :

If you have any questions about joining the Club then please contact Club Secretary Paul Harwood on 0115 9118183 or via [secretary@nottinghamclarion.co.uk](mailto:secretary@nottinghamclarion.co.uk)

To join Nottingham Clarion simply download the membership form from the website

<http://www.nottinghamclarion.co.uk/about/join.html>

### Club Clothing

We have club clothing in stock, at the clubhouse. Please ask Paul Harwood if you would like anything. Any member under 18 will be able to purchase the club kit with a discount of 25%.

## A new calender...

...of the club's events for 2011 is on the website front page so you can plan your season. You should be able to integrate this into your own electronic diaries and smart phones.

## Club Clothing

We have had a few requests regarding kit for the upcoming season so below is a list of what garments we currently have 'in stock' sizes available and price. You can 'try before you buy' by arrangement with Paul H to get around any sizing worries. If anyone is after anything not on the list below could you reply with your requests and we will consider putting a new order together

- Short sleeve road vests XS S M L XL XXL (£35ea.)
- bibshorts XS S M L XL (£45ea.)
- long sleeve training tops S M L XL XXL (£45ea.)
- skinsuits XS S M L (£65ea.)
- gilets S M (£35ea.)
- armwarmers 3pr (£15pr)
- track mitts XS S M (£8pr)
- cotton caps 5 (£5ea)
- kids s/s road tops (£23ea.)

It would be good to see our kit in action at the upcoming races!

## Where do the Days Go? (Jenny's Blog)

The last month seems to have been made up of meeting after meeting, starting with the club AGM, then meetings at Holme Pierrepont trying to secure the Club a home for its future activities, then another one to sort out the Clubmark Presentation Evening later in March. Also a meeting to try and secure some funding for future projects which maybe in the pipeline (I'll keep you updated on these as and when they materialise!).

I've had those Watt bikes out on tour again, this time at the Curve Theatre in Leicester to support their "Sporting Life" exhibition.

The school sessions I'm involved in West Bridgford continue and include yet another Nocturne style "Nightrider" event on the Wednesday the 2<sup>nd</sup> March.

We did another holiday Programme @ Holme Pierrepont which saw a massive 26 youngsters attend a full day of coaching with the British Cycling regional coach Steve Crosland. It was a good day with the weather holding until the last hour or so.

The last cyclo cross of the season took place at Thornbridge near Bakewell in Derbyshire and although the conditions were awful with a significant covering of snow, Paul and I were unable to attend but we understand that the Club had a fair number of riders involved even in such weather.

Then we attended 2 award ceremonies, one locally for Nottingham County Council Sports Achievement and a National one for British Cycling, held in Birmingham, coming away with a nice glass (paperweight) trophy from the BC Presentation, both fell within the same week so it's been a busy time.

We also managed to get to the first Medium Gear 10 on 26<sup>th</sup> Feb which saw a great early season turnout with 19 riders signed on.

So here's to next month and hopefully some better weather, it would be nice to put my waterproof coaching jacket to the back of the wardrobe for at least a few weeks! See you around

**Jenny**

### **Club Trophies part 3 - The Jim Wilson Shield**

The Nottingham section of the clarion owes its very existence to Harry J Lloyd who came to the Nottingham area from the Greater London area with his son Henry and daughter Eileen.

Harry organised the Easter Meet of 1933 which was led to the formation of the Nottingham Section. Only a glutton for work would have attempted such a task as an Easter meet without the backing of a large section. An advertisement was put in the paper for new members and helpers with the meet. Among the people to turn up on the first clubrun was Jim Wilson and his wife. I first met Jim Wilson in 1967 when the clubrun was joined by a man in a blue suit and a flat cap at Widmerpool island and I was told it was Jim Wilson an old member of the club. Jim came to the 1967 Easter meet at New Brighton and rode home with Henry Lloyd, Derrick Rossall and Myself. We stopped B& B at Corwen, then rode to Bala Lake, Lake Vyrnwy and stayed B&B at Llanrhaeadr-ym-Mochnant and on to Burton on Trent and home. Jim was seen at club events and at the Wednesday Pub dinner meets cycling and walking until he became unable to get about so much. We have the Jim Wilson Shield for the club 100 mile champion in his memory, first awarded in 1984.

**Dennis Hall**

## **Racing News**

Honourable mentions this month go to:

### **SRAM Notts and Derbys Cyclo Cross League**

The 2010 / 2011 Season has drawn to a close marking a very successful series for the Club. Well done everyone and the final scores are in:

Team (21 teams)

11th **Nottingham Clarion**

Club Participation trophy (25 teams)

10th **Nottingham Clarion**

U10s (43 riders)

12th **Lance Ash**

26th **Finn Mansfield**

U10 girls (25 riders)

15th **Lotta Mansfield**

24th **Rosie Mansfield**

U12 Girls (13 riders)

3rd **Eve Lyon**

11th **Claudia Ash**

U12 Boys (32 riders)

3rd **James Swadling**

28 **Jack Mansfield**

Youth (50 riders)

7th **Gabriel Bird** (3rd U16 Boy)

9th **Ollie Peckover**

21st **David Hirst**

24th **Callum McBrearty**

31st **Patrick Ash**

32nd **James Peckover**

33rd **Jason McCullum**

Senior (74 riders)

7th **Kyle Burleigh**

66th **Greg McCullum**

Veteran

40-45 (34 riders)

9th **Neil Mansfield**

33rd **John Hughes**

34th **Paul McBrearty**

45-50 (30 riders)

18th **Karl Bird**

28 **Gary Peckover**

50+ (21 riders)

14 **Graeme Swadling**

60+ (3 riders)

2nd **Paul Harwood**

**Nottingham Clarion Cycling Club**  
**Medium Gear Time Trial Championship**



**Starts Round 1 of 4**  
**Saturday 26th February**  
**11am Lime Kiln course**  
**More information [here](#)**

**Club Racing 2011 is here!**

The Club's 2011 programme of events has started this month with Round 1 of the Medium Gear Time Trial Championships on our Lime Kiln 10 course held on Saturday 26<sup>th</sup> February. Three fastest times of the four rounds count towards the Championship. Reigning champ is Stuart Pryce (pictured in action above) and the mg course record is 25:09. More on the website here:

<http://nottinghamclarioncc.sports.officelive.com/MediumGear10Series2011.aspx>

Round 1 saw a good turnout of 19 riders, full results including private times and unrestricted gears are available in the classified section of the website, but to summarise, Round 1 results:

1 Neil Mansfield 27-20  
2 Simon Cooper 27-23  
2 Craig Wood 27-23  
4 Gabriel Bird 27-54  
5 Rob Sewell 28-29  
6 Chris Osborne 28-45  
7 Mike Campbell 29-22  
8 Dave Noble 31-43  
9 Seb Raikkonen 32-43  
Richard Birkin DNF

You can find out more about our 2011 programme of events on the website here:

<http://nottinghamclarioncc.sports.officelive.com/clubevents.aspx>

### **Coalville Wheelers Open 25**

The first Open TT of the season was held on Saturday 19<sup>th</sup> February and we had a brave 3 members taking part in the event which had 53 starters. Elite rider David McLean won with a 57.24 for Team Pasta Montegrappa – Zheroquadro, Stuart Pryce came an excellent 6th with a 1:00.53 in his first 25mile TT! (photo from event used for Medium Gear header), Michael Jones showed his early season form and came a very strong 9th with a 1:02.41 (photo from event see interview at end of newsletter) Sebastian Raikkonen came 45th with a 1:22.59 (see photo) in ‘old school cool’ club kit and especially chosen socks (apparently)



Seb on the ‘Col de Diseworth’

In our regular interview, the spotlight falls on an unsuspecting club member and we pull back the curtain with trepidation to discover a little more about them. This month it's the turn of **Mike Jones**:

**NCN: When did you start cycling?**

In the summer of 2008. A broken leg from football had me searching for something low impact and cycling just edged out Bowls.

**NCN: What cycling or sporting achievement are you most proud of?**

Sounds daft but I was really proud of our collective effort at the ANDCC Lighthouse. It's been a while since i've played a team sport and this felt as close as we might get in the camaraderie department. A close second was my 656<sup>th</sup> in the Etape and third, would be sailing from Cadiz to Annapolis.

**NCN: What are your cycling ambitions for the winter, or for next season?**

I enjoyed some road racing last year and would like to accumulate sufficient points to move up to 3<sup>rd</sup> cat. Going faster than last year over 10 and 25 would also be a bonus and a respectable time in a 50.

**NCN: What was your grumpiest or embarrassing moment on a bike?**

Coming out of a transition area in a triathlon having not tightened the rear quick release and ended up on my arse in front of a sizeable crowd, bike was brand new!

**NCN: What would be your dream bike, or even who's bike would you like to own?**

A Cervelo S3 with Lizzie Armistead on would do fine. Yearning for a TT bike though; Felt DA with all the trimmings. I should probably be saying something Italian.

**NCN: Who are your past or present sporting heroes?**

Any body that has been through the ringer such as Tommie Smith, John Carlos, Sir Robert Knox Johnson and the cyclist whose name i've forgotten who opened up to drug abuse in the peleton, Paul Kimmage bangs on about him.

**NCN: Outside of cycling, what are your sporting achievements?**



Mike in impressive early season form at the Coalville Wheelers Open 25 TT

Sailing the Atlantic was fantastic although it wasn't much of a race. I competed for the South West in youth sailing events which I really enjoyed and won a fair bit.

**NCN: Given the opportunity, what would be your favorite ride?**

The Great Ocean Road West of Melbourne and back for breakfast at Lorne was pretty special, loved Pau to the Tourmalet but it's hard to beat the Vale of Belvoir on a crisp spring morning.

**NCN: The oldest cycling chestnut, Shimano or Campagnolo?**

I'm mechanically inept and only ever owned Shimano but this sport is all about aesthetics at the end of the day so Campag in the future.

**NCN: What is your weakness, steel aluminium or carbon?**

Carbon seems a no brainer. I have no cycling heritage so I don't hark back to steel and I can't afford Titanium yet. Plus the girlfriend doesn't notice when things that were once aluminium are now carbon; 'I painted it love'.

***NCN: Ok you've been out riding and you make a café stop, what would be your favourite order?***

Espresso and carrot cake, but only on a Sunday. Herr Hurst quite rightly bans any pausing on a Saturday.

***NCN: Tell us something about you that we don't know!***

Descendant of Daniel De Foe and have a weakness for egg custard tarts.

Please send you news, views, articles and pictures to :  
[news@nottinghamclarion.co.uk](mailto:news@nottinghamclarion.co.uk)